



SPEND A DAY IN RED BANK

THE COOK'S TOUR

Red Bank is not just a great place to eat great food—it's also a treasure trove for people who like to cook and/or serve great food. Spend a day exploring our exceptional food retailers, owned and operated by some of the region's most passionate and knowledgeable foodies. Whether you are preparing a special feast, want to learn a new skill or just want to learn more about food, you will find it here. As you make your way through town, if the shops on this list do not provide lunch, many of their neighbors do—bon appetit!



The Cheese Cave: This charming shop offers the finest artisan and specialty cheeses from America and abroad as well as other gourmet foodstuffs and gift baskets. Watch for special tastings and classes. Lunch on a scrumptious gourmet sandwich or signature mac and cheese. (14 Monmouth St.)

Spice & Tea Exchange: Immerse yourself in the aroma of spices and tea from around the world. Spices, teas, sugars, and unique marinades and rubs for the discerning cook can be found here. Call ahead to find out about special demonstrations and classes. (12 Monmouth St.)

Carter and Cavero, Old World Olive Oil Company: Offering the finest selection of extra-virgin olive oils, flavor-infused olive oils and balsamic vinegars in the world, Carter and Cavero also sells a unique selection of gourmet food and olive oil-based skin care items. (19 Monmouth St)

Red Bank Chocolate Shoppe: Travel back to a time when chocolates were all hand made on the premises and be tempted by taste traditions of the past. Purchase hand selected chocolates by the pound or pre-selected boxes and towers for a special someone or corporate gift. (17 White St.)

Chocolate Works: In this spacious, contemporary setting, marvel at the wall of candy, cases of gourmet truffles, ice cream, and imported Belgian chocolate and taste the chocolate fountain. Try your hand at chocolate making. Death by chocolate is not a myth. (36 Broad St.)

Monmouth Meats: Old time, full-service butcher shop – the kind of establishment that is fast disappearing from the American scene. Shop for high quality meats and poultry or order a special roast or bird for your next holiday feast. (112 Monmouth St.)

Alfonso's Pastry Shoppe & Cafe: Family owned since 1970, this Italian bakery offers fresh pastries, buns, breads, cookies, cannolis, cakes and coffee. In addition, savory items such as pizzas, focaccia and more are served during lunch in the café. (86 Broad St.)

Antoinette Boulangerie: This quaint bakery offers a dizzying array of traditional French pastries, macarons, cookies, breads, savory treats and highly customized cakes for your most special occasions. Their confections are almost too beautiful to eat. (32 Monmouth St.)



The Wine Cellar at Red Bank: The staff at this neighborhood wine store are passionate about wine and offer a highly personalized wine experience 7 days a week. With a focus on small batch production wines from all over the world, they host frequent complimentary samplings. (23 Monmouth St.)

Lady K's Bake Shop: Creating edible works of art from small pastries to elaborate designer cakes, you'll be sure to find the perfect dessert for your next occasion at Lady K's. Mini dessert shooters, chocolate covered strawberries, and French macarons too! (4b West Front Street)

The Red Bank Farmers' Market (Seasonal): Be part of the farm to table movement at the Red Bank Farmers' Market. Purchase local produce and other locally made food products. The market is open on Sundays from 9 am to 2 pm, May through November. (Galleria Parking Lot, 2 Bridge Ave)